Patients who are treated well get well —
and stay well longer.

RCA treats each patient confidentially,
and with dignity and respect.



Recovery Centers of America



Recovery Centers of America

RESCU

A PROGRAM FOR FIRST RESPONDERS AND MILITARY SERVICE MEMBERS

Drug & Alcohol Addiction Treatment

Our substance abuse treatment program for First Responders and Military Service Members is designed based on clinical practices proven to be effective to address the specific needs of this group of professionals.



RECOVERING EMERGENCY SERVICE COMMUNITY UNITED

1-800-RECOVERY

We are here to serve those who protect us.

We want to help you get your mental, emotional, and physical health back so you can return to your family and career with the skills and confidence necessary to continue living a full life.

We help advocate on your behalf with your union, department, and employee assistance program if you choose to include them in your treatment. During your time in our program, you'll work closely with staff to help you get back to work as quickly and efficiently as possible.

If you do not want your department involved in your treatment, that choice will be 100% honored at all times.



Thousands of
First Responders
and Military Service Members
just like you are fighting
for their lives
against addiction.

Help someone today.

Recovery Centers of America at Raritan Bay 901 Ernston Rd, South Amboy, NJ 08879

- 30 minutes from New York City, NY
 - 30 minutes from Red Bank, NJ
 - ■1 hour from Trenton. NJ
- 30 minutes from New Brunswick, NJ

1-800-RECOVERY

RecoveryCentersOfAmerica.com/First-Responders



Recovery Centers of America at Monroeville is a member of NAATP

TFB-06-21-RCA

RecoveryCentersOfAmerica.com/First-Responders









You will receive treatment specific to your needs.

Our RESCU Program includes proven clinical practices that have been adapted to meet the specific needs of current and former:

- Law enforcement personnel
- Firefighters
- Correctional officers
- Emergency medical personnel
- Service members

We also offer educational, therapeutic and support programs specifically for the families of first responders and military members, covering:

- Healthy communication
- Finding hope
- Healing together



Recovery Centers of America

We are fully committed to your privacy, making it a top priority. First responders and military service members will be provided with:

- Specialty groups
- Private group therapy sessions
- Exclusive peer support groups
- Individualized treatment specific to this population

While in the program you'll also be engaged with staff members. These clinicians and peer leaders will lead educational seminars that center around topics relevant to first responders and military service members, such as:

- On-the-job triggers
- Trauma & stress
- Hero/helper mentality
- Camaraderie as a strength in addiction recovery







Our Program

Our program offers group therapy that is tailored to address the specific obstacles encountered by first responders and military service members, including:

- Work-related traumatic events
- Guilt about breaking public trust
- Depression
- Anxiety
- Drinking culture
- Difficulty asking for help
- Mistrust in mental health professionals
- Fear of losing their jobs or pay
- Fear of disappointing their co-workers or their departments

For our Former and Current Military Service Members

No matter when you served, the type of discharge received, or location of deployment, you deserve the highest quality treatment your country has to offer.

At RCA, you will be treated with dignity in an environment that honors your service.

We will provide you with the support needed to get you back to work.